

Trolls

WORLD TOUR

PREMIERE STYLE

TROLL YOUR HAIR

This super fun parent/child activity will allow safe and easy hair dying with powdered drink mix, using gel or mousse and a hair dryer to up-style it.



DYING YOUR HAIR TROLL COLORS:

WHAT YOU'LL NEED:

- 1 Packet of Brightly Colored Powdered Drink Mix
- Hair Conditioner
- An Old T-shirt
- Latex Gloves

- 1) Mix 1 drink mix packet, 1/4 tsp of water and 5-10 pumps of hair conditioner until it forms a smooth paste. Repeat if more dye is needed. Sugar free drink mix is preferable, to avoid sticky hair.
- 2) Wear an old shirt you don't mind getting dye on, and have a parent apply the tinted paste to the area of your hair you want to color. We recommend wearing gloves to avoid stained hands.
- 3) Leave the tinted paste in your hair for 30-60 minutes, depending on the lightness of your hair and how bright you want the color to be.
- 4) Rinse out and enjoy!

GETTING A WILD TROLLS HAIRSTYLE:

- 1) While your hair is wet, have a parent help you style it up!
- 2) While your parent blow dries your hair in an upward direction, brush your hair up, or style it up with your hands.
- 3) When the hair is dry, add some hair gel or hair spray, then blow dry upwards as the gel dries.
- 4) Trolls have exceptionally stand-up hair, so don't be disappointed if your hair doesn't stand up just the same. Just enjoy your personal style!

NOTE: Powdered drink color will stay in the hair for about 1-2 weeks, but since children will be home for an extended period now is a chance to have unusual fun.